

IN &
OUT

Philippians

PHILIPPIANS

IN & OUT

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


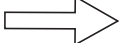



A Letter to the Philippians

Philippians — a wellspring of spiritual truths that has brought countless believers new joy and peace in their daily walk. You will find Philippians a beautiful and a profitable book which contains many principles of life that will literally transform your attitude toward people and circumstances as you become a doer of those things which you are about to learn in the next sixteen weeks.

TAKING IT IN

This week you will want to become acquainted with the book of Philippians as a whole. But before you begin, seek the Lord in prayer. Tell Him that you want to know His Word in order to do His will. Ask Him to open the eyes of your understanding, to lead you and guide you into all truth (John 16:13). Then, in faith, thank Him for what He is going to do.

1. Please do not use commentaries unless you are directed to do so.
2. Read through the copy of Philippians which is in the back of this workbook. These are your Observation Worksheets. As you read, note who the author is and what his circumstances are. When you record your answer, note the chapter and verse from which you gleaned your information.
3. As you understand the author's circumstances, you can begin to see why he is writing this letter and what his message is about. You probably noticed that the author repeatedly mentions "joy" or "rejoice" and "Christ." Noting what the author says about key words leads you to understand his message.

- a. Read through your Observation Worksheet again looking for the following key words:
- 1) joy, rejoice, rejoices, rejoiced
 - 2) Christ (including the synonyms and pronouns for Him)
- b. Mark each of these words by selecting a distinctive color and/or symbol for each one. For example, each time “joy” or “rejoice” is mentioned you might color it yellow. If you do not have colored pencils, make up a symbol for each word. For example, you might mark your words like this:
-       
4. Read through Philippians again. This time draw a box around every instruction or command the author gives the Philippians regarding joy/rejoice or Christ.
 5. The theme of a book is always understood from its repeated key words, and in many epistles, from its commands to the recipients. Considering all you have observed, read through the book again and record the instruction that best summarizes the theme of the book.
 6. The theme of each chapter is also understood by objectively observing what the author emphasizes through the repetition of key words. Read through each chapter and record the theme of that chapter.

Chapter 1

Chapter 2

Chapter 3

Chapter 4

LIVING
IT OUT

1. What are your circumstances right now? Are they difficult or easy? Do you have any needs? Are you having any problems in various relationships with other people? Describe your circumstances in the space provided.
2. How are you handling your circumstances?
3. From the letter to those at Philippi, how do you think the author handled his circumstances?
4. Considering the key words of Philippians — joy/rejoice and Christ — how do you think the truths in the book of Philippians could help you handle adverse circumstances?

You have done your first lesson! You are on your way to learning how to have joy no matter what! Persevere! Put into practice what you learn, and you'll be thrilled at what God will do!